

## 4.05-8 – DRESS CODE JUNIOR HIGH AND HIGH SCHOOL SPECIFIC GUIDELINES (GRADES 6-12)

### **ALL JACKETS JH and HS BOYS & GIRLS ~ (GRADES 6-12)**

- FAB approved and monogrammed sweatshirt jacket or pull-over hoodie (blue or black, zippered or pullover) • FAB athletic team jacket or hoodie
- FAB approved and monogrammed soft-shell jacket made available in the in the fall of 2023 (blue or black) • FAB letter jacket (HIGH SCHOOL ONLY)
- *ONLY the jackets listed above may be worn in the classroom.*
- *ANY jacket or coat may be worn OUTSIDE.*

### **Junior High GIRLS CHAPEL UNIFORM Junior High ~ 6<sup>th</sup>– 8<sup>th</sup> Grade • Mono-**

grammed white 3/4 sleeve button-down FAB chapel shirt

- OPTIONAL: Solid white long or short sleeve undershirt may be worn under the above shirt. • Below the knee khaki or navy skirt (not excessively tight, form fitting or have high slits)
- Black or navy dress shoes or boots (see 4.05-7 #13 & #14)
- OPTIONAL: White, black or navy socks, tights, leggings with skirt

### **Junior High BOYS CHAPEL UNIFORM Junior High ~ 6<sup>th</sup>– 8<sup>th</sup> Grade • Monogrammed**

white FA chapel shirt (long or short sleeve)

- OPTIONAL: Solid white long or short sleeve undershirt may be worn under the above shirt. • Black tie (solid)
- Khaki slacks with black belt
- Black socks
- Black dress shoes or boots (see 4.05-7 #13 & #14)

### **Junior High GIRLS DAILY UNIFORM Junior High ~ 6<sup>th</sup>– 8<sup>th</sup> Grade**

- Monogrammed FAB polo – royal blue, white, gold (long or short sleeve)
- On panoramic picture day in the fall of each year, all JH students will be asked to wear a white FAB polo. • OPTIONAL: Solid white or solid royal blue, long or short sleeve undershirt may be worn under the above shirt. • Khaki, navy or blue denim jeans/pants, capris
- Khaki, navy or blue denim Bermuda shorts, skort (not shorter than 3 inches above the knee) • Below the knee khaki, navy or blue denim skirt (not excessively tight, form fitting or have high slits) • Socks (any color)
- OPTIONAL: Black tights or leggings with a skirt
- Shoes or boots or your choice (see 4.05-7 #13 & #14)

### **Junior High BOYS DAILY UNIFORM Junior High ~ 6<sup>th</sup>– 8<sup>th</sup> Grade**

- Monogrammed FAB polo – royal blue, white, gold (long or short sleeve)
- On panoramic picture day in the fall of each year, all JH students will be asked to wear a white FAB polo. • OPTIONAL: Solid white or solid royal blue, long or short sleeve undershirt may be worn under the above shirt. • Khaki, navy or blue denim pants/jeans, shorts (not shorter than 3 inches above the knee) • Shoes or boots or your choice (see 4.05-7 #13 & #14)

### **ALL PHYSICAL EDUCATION Junior High and High School Girls and Boys • Athletic**

shoes/PE uniform (grey shirt and blue shorts)

- All practices and athletic wear are determined by the coach of each sport
- A grade reduction will be given if designated PE or athletic attire is not worn.
- Students excused from PE or Athletic activities for physical impairment or health reasons must still “dress out” unless deemed otherwise by administration.

## **High School GIRLS CHAPEL UNIFORM High School ~ 9<sup>th</sup> Grade - 12<sup>th</sup>**

**Grade** • Monogrammed white 3/4 sleeve button-down FAB chapel shirt

- OPTIONAL: Solid white long or short sleeve undershirt may be worn under the above shirt. •  
Below the knee black skirt (not excessively tight, form fitting or have high slits)
- Black dress shoes or boots (**see 4.05-7 #13 & #14**)
- OPTIONAL: White or black socks, tights, leggings with skirt

## **High School BOYS CHAPEL UNIFORM High School ~ 9<sup>th</sup> Grade - 12<sup>th</sup>**

**Grade** • Monogrammed white FAB chapel shirt (long or short sleeve)

- OPTIONAL: Solid white long or short sleeve undershirt may be worn under the above shirt. •  
Black tie (solid)
- Black slacks with black belt
- Black socks
- Black dress shoes or boots (**see 4.05-7 #13 & #14**)

## **High School GIRLS DAILY UNIFORM High School ~ 9<sup>th</sup> Grade - 12<sup>th</sup> Grade •**

Monogrammed FAB polo – royal blue, white, gold, black (long or short sleeve)

- On panoramic picture day in the fall of each year, all HS students will be asked to wear a black FAB polo. • OP-  
TIONAL: Solid white, solid royal blue, or solid black long sleeve or short sleeve undershirt may be worn under the  
above shirt.
- Khaki, navy, black or blue denim jeans/pants, capris, Bermuda shorts, skort (not shorter than 3 inches above the  
knee)
- Below the knee khaki, navy, black or blue denim skirt (not excessively tight, form fitting or have high slits) •  
Socks (any color)
- OPTIONAL: Black tights or leggings with a skirt
- Shoes or boots or your choice (**see 4.05-7 #13 & #14**)

## **High School BOYS DAILY UNIFORM High School ~ 9<sup>th</sup> Grade - 12<sup>th</sup> Grade •**

Monogrammed FAB polo – royal blue, white, gold, black

- On panoramic picture day in the fall of each year, all HS students will be asked to wear a black FAB polo. • OP-  
TIONAL: Solid white, solid royal blue, or solid black long sleeve or short sleeve undershirt may be worn under the  
above shirt.
- Khaki, navy, black, or blue denim pants/jeans, shorts (not shorter than 3 inches above the knee) •  
Shoes or boots or your choice (**see 4.05-7 #13 & #14**)

## **ALL PHYSICAL EDUCATION Junior High and High School Girls and**

**Boys** • Athletic shoes/PE uniform (grey shirt and blue shorts)

- All practices and athletic wear are determined by the coach of each sport
- A grade reduction will be given if designated PE or athletic attire is not worn.
- Students excused from PE or Athletic activities for physical impairment or health reasons must still “dress out”  
unless deemed otherwise by administration.

## **4.05-9 – SEMI-FORMAL DRESS CODE GUIDELINES**

We all know modesty and class when we see it. These guidelines illustrate the general standards of modesty in the FAB community. Every attempt is being made to train our students for spiritual and academic excellence. Our purpose as an institution and as individuals is to glorify Jesus Christ in the midst of a world that glorifies man. The Biblical principles upon which the dress code is based are modesty, cleanliness, neatness, and the distinction between male and female. Please realize that these guidelines are not exhaustive, but they do provide a starting place that communicates the spirit of our formal/semi-formal dress code standards.

**Homecoming guests may wear formal, semi-formal or casual wear.**

This guide is our earnest effort to allow the widest range of styles that support our community's standards. We recognize that the same garment, cut the same way, may be modest on one body type but too revealing on another. If jeans are worn to a semi-formal event they must meet daily FAB dress code requirements. (see 4.05-7)

### **SEMI-FORMAL**

Semi-formal events include (but not limited to) social/academic events such as FAB Awards, Fall Athletic Awards Banquet, NJHS / NHS Induction, Academy Awards (High School Only), Night of Knights.

### **STUDENTS AND PARENTS WILL BE INFORMED IF A SPECIFIC EVENT REQUIRES AN AMENDED DRESS CODE.**

#### **LADIES Semi-Formal General Guidelines**

- Dresses, skirts and dress pants and dress jeans are acceptable.
- No visible undergarments.
- No dresses/skirts shorter than 3" all the way around the garment. Measurement will be from the back bend of the knee.
- No visible cleavage
- No backless garments
- No spaghetti straps or strapless dresses
- Test-drive your garments: dance, lift your hands above your head, lean over, sit. Are you comfortable? Does your garment remain modest while you are moving?
- Bring a shawl, sweater or other cover-up in case you have a wardrobe malfunction.

#### **GENTLEMEN Semi-Formal General Guidelines**

- Suit/sport coat with dress shirt and tie
- Dress slacks/starched jeans with dress shirt and tie
- Dress tee with no tie
- Dress shoes or boots

## **4.05-10 – FORMAL DRESS CODE GENERAL GUIDELINES**

APPLIES TO ALL FAB STUDENTS AND GUESTS OF FAB STUDENTS INCLUDES (BUT NOT LIMITED TO) PROM, HOMECOMING COURT, AND HOMECOMING DANCE.

We all know modesty and class when we see it. These guidelines illustrate the general standards of modesty in the FAB community. Every attempt is being made to train our students for spiritual and academic excellence. Our purpose as an institution and as individuals is to glorify Jesus Christ in the midst of a world that glorifies man. The Biblical principles upon which the dress code is based are modesty, cleanliness, neatness, and the distinction between male and female. Please realize that these guidelines are not exhaustive, but they do provide a starting place that communicates the spirit of our formal/semi-formal dress code standards.

**Homecoming guests may wear formal, semi-formal or casual wear.**

This guide is our earnest effort to allow the widest range of styles that support our community's standards. We recognize that the same garment, cut the same way, may be modest on one body type but too revealing on another.

Gown approval/try-on will be in person only, no picture approval. There will be three advertised dates for young ladies to choose from to bring their gown, try it on and have it approved. If a dress is not approved, it may not be worn.

### **LADIES Formal General Guidelines**

No visible undergarments.

No dresses/skirts shorter than 3" all the way around the garment. Measurement will be from the back bend of the knee.

No slits higher than 3" (front, back, or side slits). Measurement will be from the back bend of the knee.

No visible cleavage. No low cut or princess cut strapless dresses.

Straight cut strapless dresses are allowed (but remember; you will be moving).

Open backs are acceptable but should not be lower than mid-back (this is the natural waistline).

Cut-outs must be lined with mesh. (Flesh-tone, black, or a color that coordinates with your dress). Cut-out may not include cleavage.

No visible midriff (exposed stomachs or sides). Two-piece dresses that overlap are acceptable as long as the midriff is still covered when you raise your arms above your head. This can be helped with tailoring (tacking), mesh, a cami, etc.

Two-piece dresses designed to reveal the midriff are not allowed.

Test-drive your dress: dance, lift your hands above your head, lean over, sit. Are you comfortable? Does your dress remain modest while you are moving?

Bring a shawl or sweater in case you have a wardrobe malfunction.

**If you do not have the means to fix an immodest dress at the event, you may be asked to leave., FAB never likes having to ask anyone to leave.**

## **GENTLEMEN Formal General Guidelines**

Tuxedo

Suit with dress shirt and tie

Dress slacks/starched jeans with dress shirt and tie

Dress shoes or boots

REVISED August 25, 2025